

Preparing for Your Appointment

Welcome to WIC! We are excited you are here. WIC provides nutrition education, breastfeeding support, healthy foods, and community referrals for you and your family. Here are a few steps to help you get started. If you have questions about your WIC appointment please call us at **(949) 488-7688** or text **1-(888) 414-1712**.
(**Tip:** save our numbers to your phone so you know it is WIC contacting you.)

Gather the requested documents and take a photos. Try to fit more than one document in a photo. Below are the types of documents that may be requested and examples of what can be sent for each. Instructions on how to send your documents via text can be found [here](#).

Document Type	Examples	
Identification (For all enrolling)	<ul style="list-style-type: none">• Driver's license• Other photo ID• Birth certificate	<ul style="list-style-type: none">• Medi-Cal Card• Crib Card• Custody papers
Proof of Household Income	<ul style="list-style-type: none">• Pay Stub-from within past 30 days• Unemployment statement• Medi-Cal Cards (for each family member enrolling into WIC)	
Proof of Address	<ul style="list-style-type: none">• A bill• other mail that you have received• Photo ID with current address on it	
Proof of pregnancy (When enrolling as pregnant)	<ul style="list-style-type: none">• Ultrasound with date and mothers name• Positive Pregnancy Note from Healthcare Provider• Medical Records stating pregnant	
Proof of Birth (When enrolling baby)	<ul style="list-style-type: none">• Crib Card• Birth certificate• Medi-Cal card	<ul style="list-style-type: none">• Social Security card• Hospital discharge papers• WIC referral form (pink)

Before Your Appointment

- Submit the photos of you documents, include ID and/or Medi-Cal card for each person enrolling.
- Watch the "Welcome to WIC" videos to learn how to shop with the WIC Card.
⇒ To watch click [here](#) and select "play all".

The WIC Card - Once you receive your WIC card:

- Activate your new WIC Card and set up your 4 digit Pin Code
⇒ Call the phone number on the back of the card
⇒ It will ask for your birth date, zip code, and your WIC card number
- Download the California WIC App for approved food lists, benefits balance tracking and more!
⇒ Click [here](#) for instructions.

If you would like to register to **Vote?** (optional)

- Click [here](#) for online voter registration