

Preparing for Your Appointment

Welcome to WIC! We are excited to enroll you into the program and provide nutrition education, breastfeeding support, healthy foods, and any community referrals needed by your family. Here are a few steps to help you get started and make your appointment go more smoothly.

Gather the requested documents and take photos of each one. Below are the types of documents that may be requested and examples of what can be sent for each. Instructions on how to send your documents via text can be found [here](#).

Document Type	Examples	
Identification (For all enrolling)	<ul style="list-style-type: none">• Driver's license• Other photo ID• Birth certificate	<ul style="list-style-type: none">• Medi-Cal Card• Crib Card• Custody papers
Proof of Household Income	<ul style="list-style-type: none">• Pay Stub-from within past 30 days• Unemployment statement• Medi-Cal Cards (for each family member enrolling into WIC)	
Proof of Address	<ul style="list-style-type: none">• A bill• other mail that you have received• Photo ID with current address on it	
Proof of pregnancy (When enrolling as pregnant)	<ul style="list-style-type: none">• Ultrasound with date and mothers name• Positive Pregnancy Note from Healthcare Provider• Medical Records stating pregnant* Also, please click here to complete a prenatal questionnaire	
Proof of Birth (When enrolling baby)	<ul style="list-style-type: none">• Crib Card• Birth certificate• Medi-Cal card	<ul style="list-style-type: none">• Social Security card• Hospital discharge papers• WIC referral form (pink)

If you are **New to the WIC Card** please,

- Watch the "Your California WIC Card" video to learn how to shop with the WIC Card at:
⇒ www.myfamily.wic.ca.gov
- Set up your 4 digit Pin Code to activate your new WIC Card
⇒ After receiving the card call the phone number on the back
- Download the California WIC app
⇒ Click [here](#) for instructions.

* If you are **Pregnant**, complete the Prenatal Questionnaire and click submit.

- Please click [here](#) to complete a prenatal questionnaire.
- Please include both your **first** and **last** name on the questionnaire

If you would like to register to **Vote?** (optional)

- Click [here](#) for online voter registration

If you have questions about your WIC appointment please call us at **(949) 488-7688** or text **1-(888) 414-1712**.

We look forward to serving you.

This Institution is an equal opportunity provider.